Mental health and addiction support

Coordinated access to mental health, addictions and supportive housing providers within our community.

How do I apply?

You can apply for individual mental health and addiction support services, and/or supportive housing online or using a paper application form. If you have access to a computer and internet, you can visit our website at www.theaccesspoint.ca and submit your application online or download a paper application form. You can also call our office directly at 416-640-1934 to have one of our Service Navigators assist you.

How can I contact The Access Point?

The Access Point
661 Yonge Street, 4th floor
Toronto, ON M4Y 1Z9

Local Telephone: 416-640-1934
Toll-free call: 1-888-640-1934
Fax: 416-499-9716
www.theaccesspoint.ca

Which community programs can I apply to with The Access Point application form?

416 Community Supports for Women
Accommodation Information & Support
Across Boundaries
Alternatives
Bayview Community Services
Canadian Mental Health Association Toronto
Centre for Addiction and Mental Health
Centre Francophone de Toronto
Central Toronto Youth Services
Chai Tikvah Foundation
Community Outreach Services
COPA
Cota
Eden Community Homes
Fred Victor Centre
Fife House
George Herman House
Good Shepherd Non-Profit Homes
Habitat Services
Hong Fook Mental Health Association
House of Compassion
Houselink Community Homes
Humber River Hospital
Jean Tweed Centre
John Howard Society
LOFT Community Services
Madison Community Services
Mainstay Housing
Margaret’s Housing and Community Supports
Mt. Sinai Hospital
North York General Hospital
Parkdale Activity-Recreation Centre - PARC
Pilot Place Society
Progress Place
Reconnect Mental Health Services
Regeneration Community Services
Rouge Valley Health System
Sound Times
St. Joseph’s Health Centre
St. Jude Community Homes
St. Michael’s Hospital
St. Stephen’s Community House
Street Haven at the Crossroads
Sunnybrook Hospital
The Scarborough Hospital
Toronto Community Addictions Team - TCAT
Toronto East General Hospital
Toronto North Support Services
University Health Network
West Neighbourhood House
WoodGreen Community Services
YWCA Toronto

Nous avons également des services disponibles en français
What are the services available?

Individual Support Services

Intensive Case Management
People with serious mental illness and/or addictions are provided with supports and assistance to live in the community and are helped to make changes in ways that are meaningful to them.

Assertive Community Treatment Teams (ACTT)
Multi-disciplinary teams provide treatment, rehabilitation and support to people with severe mental illness in their recovery. Applicant must have:
• Specific diagnosis with a priority for those experiencing psychosis
• History of hospitalizations - supporting hospital records are recommended
• A detailed explanation from the referral source in the “Reason for Referral” section regarding why the applicant needs ACTT services specifically

Supportive Housing

To apply for supportive housing, the applicant must be 16 years of age or older, have mental health and/or addictions concerns, qualify for a housing subsidy under the criteria set by the Ministry of Health, and must be willing to accept some level of support from the housing provider.

Mental Health Supportive Housing Program
Supportive housing for persons with mental health concerns including addictions. The Access Point facilitates linkages to supportive housing with various levels of support including shared housing such as group homes, boarding homes and rooming houses, as well as independent housing.

Problematic Substance Use Program
Supportive housing for persons with problematic substance use. The Access Point facilitates linkages to low support independent housing. Applicant must also:
• have a severe and active substance use challenge
• be homeless or marginally housed
• be a high intensity service user of emergency departments, hospitals, withdrawal management and/or the justice system

Mental Health and Justice Program
Mental Health and Justice Supportive Housing Program. The Access Point facilitates linkages to low support independent housing. Applicant must also:
• be homeless or at immediate risk of homelessness
• have current involvement with the Criminal Justice system at time of housing intake
• be referred by a priority referral source such as various professionals working in the justice system

How does it work?
The Access Point office processes your application for services like Case Management, Assertive Community Treatment and Supportive Housing. Once you’ve sent your application in, you will be contacted to discuss your eligibility for the services and what your goals and needs are. If you are eligible, you will be placed on the waitlist. The Access Point follows your application until you are connected with a service provider agency.

Who is eligible for The Access Point?
The Access Point provides coordinated access to mental health and addictions Case Management, Assertive Community Treatment Team services and Supportive Housing to individuals who:
• are 16 years of age or older
• have mental health and/or addictions problems that are seriously affecting their lives
• live in, or plan to live in, The Access Point boundaries, which are Port Union Road to Highway 427 and Steeles Ave. to the lake.